



Spend an evening with us...

# We're RSU 22 Adult Education

Hampden | Newburgh | Winterport | Frankfort

## Fall 2017 Session Course Offerings



### About Us

Director: Matthew Tardie [mtardie@rsu22.us](mailto:mtardie@rsu22.us)  
[www.riversideadulthoodpartnership.com](http://www.riversideadulthoodpartnership.com)

Please use the Maine Adult Education Portal for credit card registrations.  
<http://orono-hampden.maineadulthood.org/>

### HAMPDEN OFFICE

Site Coordinator: Beth Soule [esoule@rsu22.us](mailto:esoule@rsu22.us)  
Address: RSU 22 Adult Education, Hampden Academy  
89 Western Avenue, Hampden, ME 04444  
207-862-6422  
Phone: <http://www.rsu22.us>  
Web Site: <http://www.rsu22.us>  
Office Hours: Monday - Thursday, 11:00 am to 3:00 pm

### Academic Courses/Programs

#### High School Completion Courses

#### HiSET & ESL Instruction

Our program provides adult learners with the opportunity to earn an adult education high school diploma or a high school equivalency (HiSET) diploma. Class sizes are small and an experienced team of instructors provides courses designed to meet the different needs and learning styles of our students. Online courses and individual-paced courses are also available for students to take. We accept students into our program throughout the academic year on a rolling admission basis.

#### Fall Academic Courses

Math Lab	Mon./Wed. 3-5 pm	Old Town
American History	Tuesday 6:00-8:30 pm	Old Town
Developmental English	Wednesday 6-8:30 pm	Old Town
Individualized Math	Wednesday 6-8:30 pm	Orono
Algebra I	Monday 6-8:30 pm	Old Town
HiSET Prep	Thursday 6-8:30 pm	Hampden
HiSET Testing	Tues./Thurs. 6-8 pm	Old Town
HiSET Testing	Wednesday 6-8 pm	Hampden

#### College Transitions

Our College Transitions program is designed to help students successfully prepare for college. We help adult learners who are earning their high school diploma or HiSET certificate successfully transition to college. We also help adults who already have a diploma prepare for their college experience.

Contact us if you would like to discuss with us some of the following College Transitions services that we offer:

College Exploration and Planning  
Advising Services

Courses: Algebra / Biology / Writing for College

College Readiness Courses

Accuplacer Prep and Testing

College Application Assistance



### New Onsite and Online Health Care Courses!

In 10 to 20 weeks, you can become nationally certified in these portable, high demand healthcare jobs through our partnership with the Academy of Medical Professions. Students who complete their program also receive assistance with job searching and resume writing.

- Dental Assisting    Medical Transcription
- Medical Billing and Coding    Medical Office Specialist
- Pharmacy Technician    Hospital Coding and Billing

For more information about any of these courses, including payment plan options and specific certifications awarded per course, please contact us at 862-6422.

### DISTANCE LEARNING COURSES

We are very excited to be able to offer nearly 500 interactive courses that you can take entirely over the internet. A wide variety of professional development and personal enrichment courses are now available for registration. All classes are led by expert instructors, fit into convenient six-week formats and are affordably priced. Some of the more popular courses available are:

- A to Z Grant Writing
- Beginner's Guide to Getting Published
- Computer Skills for the Workplace
- Grammar Refresher
- Helping Elderly Parents
- Introduction to Interior Design
- Introduction to Oracle
- QuickBooks 2017
- Learn to Buy and Sell on eBay
- Microsoft Word/Excel/Outlook/PowerPoint
- Become a Veterinary Assistant
- Business and Marketing Writing
- Genealogy Basics
- Using Social Media in Business
- Homeschool with Success
- Introduction to JavaScript
- PC Troubleshooting
- Introduction to Windows 10
- Writing for Children
- Test Prep - GRE/LSAT/SAT/Praxis

To view a complete catalog of nearly 500 courses available, visit us at: [www.ed2go.com/rsu22](http://www.ed2go.com/rsu22)

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ECRWSS

# POSTAL CUSTOMER

## FREE ONLINE COURSES & TRAININGS!

Through a partnership with Atomic Learning, we are excited to offer to our residents free access to over 250 online courses and over 10,000 tutorials and individual trainings. Some of the more popular courses are listed below. To receive a password and login information to these free online-based courses, just call one of our offices or email us at: mtardie@rsu26.org or mtardie@rsu22.us

Tech for Students with Dyslexia  
Moodle Instructor Training  
HTML5 & CSS3 Basics  
Podcasting Workshop  
Office for iPad  
Photoshop  
Moodle for Students  
Adobe Lightroom  
SketchUp for 3D Printing  
Minecraft in the Classroom  
Cyberbullying  
WordPress  
Being Successful in College  
Flickr Training  
Supporting Gifted and Talented Learners



Career Skills Trainings  
Microsoft Office Applications  
Classroom Management Strategies  
Creating Digital Portfolios  
SMART Boards  
Using Gmail  
Geometer's Sketchpad  
Being Savvy Online  
Google Sheets  
Google Calendar Training  
Internet Safety  
Using iTunes  
Anime Studio Training  
iBooks Author Training  
Real-World Geometry

## Technology

### iPad Basics - Hampden Academy

In this one-night, hands-on class, you'll learn how to make better use of the Apps that come with the tablet, such as Settings, Maps, Calendar, Notes, FaceTime, Camera, News and Reminders. Bring your fully charged iPad (any generation) and receive answers to your questions from an experienced tech teacher.

Thursday, October 26 6:30-8:30 pm  
Instructor: Misty Burgess Course Fee: \$8.00



**NEW**

### iPhone Basics - Hampden Academy

In this one-night, hands-on class, you'll learn how to get more functionality from your Apple iPhone. You'll learn more about the Apps that come with the phone, such as Settings, Maps, Calendar, Notes, FaceTime, Camera, News and Reminders. Bring your fully charged Apple iPhone (any generation) and your questions.

Thursday, November 2 6:30-8:30 pm  
Instructor: Misty Burgess Course Fee: \$8.00



**NEW**

## Health/Fitness/Wellness

### Hampden Academy Fitness Center

Hampden Academy Fitness Center is opened to the public 5:30-7:30 pm on Tuesday and Thursday evenings from September 26 to December 21.

### Fall Walking Club - Hampden Academy

Too cold, dark and slippery outside to get a walk in, join our indoor walking club. Start out at our drop-in center where you can sit down and change out of your boots, into a good pair of walking shoes. Stay on the ground level or challenge yourself by walking between the first and second floors.

Independent program - no instruction provided.  
Tuesdays & Thursdays, Starting September 26 & 28 5:30-7:00 pm  
(No classes on Nov. 9, 21 & 23) Fee: \$5.00 for the season



### Zumba with Jen! - Newburgh Town Office

Disguise your cardio workout! With Zumba's interval style, Latin rhythms and fun atmosphere, you'll feel like it's more of a party than a workout. Because of Zumba's progressive dance steps, all skill levels are welcome to come to the Zumba Party!

Start Date: September 25 Instructor: Jennifer Greenier  
Course Fee: \$40.00/10 classes (punch card)  
Mondays and Thursdays 6:00-7:00 pm  
Saturdays 7:00-8:00 am



### Introduction to Volleyball - Hampden Academy Gym

Participants will be introduced to volleyball skills such as passing, setting, serving and hitting. The classes also include learning about this competitive indoor game and work on skill building drills that will be applied to game situations.

Instructor: Brittney Layman 4 nights

**Students** (grades 6 to 12) **NEW**  
Tuesdays, Starting: October 3 7:00-8:00 pm Cost: \$20.00

OR

**Adults**  
Thursdays, Starting: October 5 7:00-8:00 pm Cost: \$20.00



### Introduction to Belly Dance

Hampden Academy Multipurpose Room

This new 4-week, fun fitness class is an energizing way to get fit while you have more fun than you thought was legal! This is a core strengthening activity that will have you laughing and dancing to a better you. Our instructor, a professional dancer, will gently guide you to a new way to move. Open to students 16 years and older. More sessions will be added if there is enough interest. Wear comfortable, non-constrictive clothing.

Thursdays, Starting October 5 4 nights 6:30-7:30 pm  
Instructor: Brenda McLeary Course fee: \$25.00

**NEW**

## Introduction to Pickleball



Armstrong Tennis Center - 60 Mecaw Rd, Hampden

This 2-week course (with your choice of morning or evening) will help you learn to play "the fastest growing sport in the USA". Sessions consist of general instruction and open play. Pickleball is a racquet sport that combines elements of badminton, tennis and ping-pong. Inexpensive to play, this sport provides good exercise, great for individuals of all ability levels and is easy to pick up to play. A very attractive sport for all ages - especially Seniors 50+. All equipment provided.

Instructor: Susan Starbird Course Fee: \$25.00  
Thursdays: October 12 & 19 5:30-8:00 pm (Please register by Sept. 29)

OR

Fridays: Oct. 27 & Nov. 3 9:00-11:30 am (Please register by Oct. 13)

### CPR - Hampden Academy

This one night course introduces immediate lifesaving principles to correct airway obstructions and cardiac arrest in adults, infants and children. Students will receive an American Heart Association Heart Saver certificate after successfully completing this course.

Thursday, November 2 1 night 6:00-9:00 pm  
Instructor: TBD Course Fee: \$35.00 (includes cost of certification card)



**NEW**

### Basic First Aid - Hampden Academy

Basic first aid principles will be covered in this hands-on, one-night course. Topics include bleeding, shock, injuries, sudden illness and more. Students will receive an American Heart Association Heart Saver certificate after completing the course.

Thursday, November 16 1 night 6:00-8:30 pm  
Instructor: TBD Course Fee: \$35.00 (includes cost of certification card)



**NEW**

### CNA Training

This 180-hour state-approved course, will prepare students to become Certified Nurse's Aides. CNA's perform a variety of health care duties under the direction of a nurse. **The deadline to receive applications is Oct. 2.**

Starting Date: October 10  
Saturdays (8 am-2 pm) and Mondays & Tuesdays (6-9 pm)  
Instructor: Nyree O'donald Cost: \$750.00



### Introduction to Yoga - Hampden Academy

This 6-week course will serve as a great introduction to the student who is interested in finding out what Yoga is all about. We will use achievable, yet challenging yoga to develop physical strength and flexibility, as well as physical and emotional balance. This is not chair yoga and does require being able to get up and down from the floor. Students should bring a yoga mat.

6 nights  
Tuesdays, Starting Date: September 26 (no class on Oct. 3)  
Instructor: Amy Faircloth 6:00-7:00 pm Course Fee: \$45.00



## General Enrichment

### Introduction to Spanish - Hampden Academy

In this 6-week class, students will begin to acquire a grasp of the Spanish language in order to understand and communicate with Spanish speakers. We'll learn greetings, commonly used phrases, vocabulary, basic grammar and other everyday-life speaking and listening skills.

6 weeks  
Thursdays, Starting September 28 6:30-8:00 pm  
Instructor: Kaitlyn Evans Course Fee: \$35.00



**NEW**

### Introduction to Latin - Hampden Academy

In this 6-week introductory level course, you will learn why Latin is not a "dead language." We'll read, speculate and listen to Latin while also learning about the Latin culture in a relaxed, enjoyable and supportive setting. Any student in grades 8-12 who attends the course with a paying parent may take the course free.

Thursdays, Sept. 28, October 5, 12, 19, 26 & Nov. 2 6:00-8:00 pm  
Instructor: Bill Beck 6 nights  
Course Fee: \$35.00 (high school students pay \$10.00)



### Hunter's Safety - Hampden Academy

To participate in this one-day course, students must first complete the online portion of this course (Maine Dept. of Inland Fisheries & Wildlife website) and print off the voucher you receive from completing this portion of the course. Bring a copy of the voucher to this Saturday skills portion of the class.

Saturday, September 30 8:30 am to 4:30 pm  
Instructor: Charlie Andrews **NEW** Course Fee: \$10.00



### Beekeeping for Beginners - Hampden Academy

This 3-week class is designed to stimulate the interest in and answer the questions of those interested in starting beekeeping as a hobby, to help pollinate their crops or generally learn more about honeybee husbandry.

Tuesdays, October 3, 10, & 17 3 nights 6:30-8:30 pm  
Instructor: Peter Cowin Course Fee: \$45.00



**NEW**

### Home Composting - Hampden Academy

Kate Garland from UMaine Cooperative Extension will help you turn your yard debris, kitchen scraps, and lawn clippings into a great soil amendment for your yard and garden. Fall is a great time to get started.

Tuesday, October 3 1 night 6:00-8:00 pm  
Course Fee: \$10.00 Materials Fee: \$5.00/person  
(with the option to purchase a book for \$12.00 paid in advance.)  
Instructor: Kate Garland, Horticulturist





## Digital Photography I



Get the most out of your digital camera and learn from an experienced professional photographer how to take great photographs during this 6-week class. Some topics covered include: basic photographic concepts, digital photo strengths and weaknesses, basic Adobe Photoshop techniques and long term digital image storage.

Tuesdays, Starting October 3 6 nights 6:00-7:30 pm  
Instructor: Michael Hallahan Course Fee: \$65.00

## Design Like a Pro: Kitchens and Baths! - Hampden Academy

Are you planning a kitchen or bathroom renovation? Do they need some improvements, but you don't know where to start? If so, this class is for you! In this 7-week class, a professional designer will guide you through the process of designing and renovating your kitchen or bathroom. You'll leave with the tools you need, from planning and budgeting to cabinetry and finishes, to get the kitchen and bathroom of your dreams.

Thursdays, October 5 - Nov. 30 (no class on Nov. 9 & 23)  
6:00-7:30 pm Instructor: Kira Eisenzopf  
Course Fee: \$70.00 per person 7 nights

**NEW**



## Substitute Teaching Training - Orono High School

This one-night workshop will provide people who are interested in becoming a substitute teacher, the basic information that they need to know. We'll cover topics such as eligibility to substitute teach in Maine, classroom management, learning strategies, practical 'survival' tips, State law in regard to confidentiality and student rights, mandated reporting and the substitute teacher application process required by RSU 22 (Hampden), RSU 26 (Orono) and RSU 34 (Old Town).

Wednesday, October 11 1 night 6:00-8:00 pm  
Instructor: Matthew Tardie Course Fee: \$5.00

## Paying for College - Hampden Academy

This one night workshop covers questions to consider as you establish a college savings goal, saving strategies to help you reach the goal, and the features and benefits of various education savings plans. We'll also talk about the cost of college, financial aid, and answer common college savings questions.

Tuesday, October 24 1 night 6:00-8:00 pm  
Instructor: Phil Barb Cost: \$6.00 per household

## Maine Driving Dynamics - Hampden Academy

This course is a 5 1/2 hour defensive driving and driver improvement program developed by the Bureau of Highway Safety. Those completing the course will receive a three-point credit on their driving record and students 55 and older may be able to receive an insurance discount from their insurer.

Tuesday & Thursday, November 14 & 16 6:30-9:00 pm  
Instructor: Don Saunders Cost: \$40.00; 65 and older \$25.00



## Arts & Crafts

### Introduction to Drawing - Reeds Brook

Have you always wanted to draw? Maybe you have never drawn before, or maybe you have tried at it for years? Well, now is your chance to learn! Skills and techniques will be acquired through exercises that acquaint students with the fundamentals of pencil drawing. We cover materials, value, proportions, perspective, and composition! Anyone can learn, dive in and see what you are capable of!

Thursdays, September 28, Oct. 5, 12, 26 & Nov. 2 (no class on Oct. 19)  
6:00-8:00 pm 5 nights Course Fee: \$45.00  
Instructor: Obrianna Cornelius, Fine Artist and Illustrator  
Please call 862-6422 for a list of required drawing supplies for the first class.



### Mommy and Me Pumpkin Paint Night - Reeds Brook

This new Mommy and Me Paint Night will be a fun time to get out and have some fun painting with your little one! Come wearing clothes you don't mind getting paint on. We will be doing our very own acrylic painting of a pumpkin!

So sit back and enjoy a fun evening out! 1 night  
Tuesday, October 3 6:00-8:00 pm  
Instructor: Obrianna Cornelius Course Fee: \$12.00  
Materials Fee: \$15.00 each person painting (paid directly to instructor)

**NEW**



### Penny Rug Class - Oval Penny Rug

Hannibal Hamlin Plaza, Hampden  
Create an actual Penny Rug reminiscent of Colonial Days! Two rows of stacked coins are blanket stitched to a scalloped wool oval background. Choose from autumn or colonial color theme. Sharp shears are required. Only one color pearl cotton thread is used and may be purchased from instructor. Class is limited to 8 people.

Thursdays, October 5 & 12 2 nights 6:30--9:00 pm  
Course fee: \$20.00 Instructor: Toni Philbrick  
Materials Kit Fee: \$24.00 per kit (paid directly to instructor)

**NEW**



### Fall Foliage Paint Night - Reeds Brook Middle School

This new one night paint and sip style class is intended for people who want a fun and creative evening out. Come alone or invite friends, this is a perfect environment to flex your artistic muscles and have fun! This will be an acrylic painting of colorful fall trees and foliage, perfect for the autumn crisp! Feel free to improvise and choose your own colors while the teacher explains the method! Feel free to bring along a pumpkin spice coffee or tea, a snack will be provided!

Tuesday, October 10 6:00-8:00 pm  
Instructor: Obrianna Cornelius, Fine Artist and Illustrator  
Course Fee: \$12.00  
Materials Fee: \$15.00 each person painting (paid directly to instructor)



**NEW**

## Primitive Rug Hooking - Hannibal Hamlin Plaza, Hampden

This class is for both beginner and experienced rug hookers. Previous hookers may bring their own projects or purchase one from the instructor. Beginners may purchase a kit for a small mat for \$35.00. You will learn all the basic techniques of rug hooking. Hooks and frames may also be purchased from the instructor. Class is limited to 8 people.

Wednesdays, October 11, 18, 25, & Nov. 1 4 nights 6:30-9:00 pm  
Course Fee: \$35.00 Instructor: Toni Philbrick  
Materials Fee for beginner: \$35.00 (paid directly to instructor)



## Beginner to Advanced Sewing

Sewing Studio - Main Road South, Hampden  
If you are new to sewing, need a refresher course or just want to sew, come join the fun! Beginners will be starting with an introduction to sewing and then on to more exciting projects. Introduction project materials will be provided. Advanced students will provide their own projects with guidance. Eight students maximum, so sign up early!

Please bring your sewing basket to class. 6 nights  
Mondays, Starting Date: October 16 6:00-8:30 pm  
Instructor: Sharon Slamons Course Fee: \$40.00  
Beginner Project Materials Fee: \$45.00 (paid directly to the instructor)



**NEW**

## Introduction & Intermediate Stained Glass

Reeds Brook Middle School, Hampden  
Come join us for this new really fun and creative course. Now is your chance to learn to use the basic tools and supplies to make your own stained glass masterpiece! Beginners will choose the colors and design for their project. In 5 weeks you will make an attractive stained glass piece for your home. Intermediate students will increase skills and learn more advanced techniques. Intermediate students will bring their own tools and work on more intricate cutting and designs to create a larger finished project of their choosing. Class is limited to 8 people. Participants must be 18 years or older.

Tuesdays, October 17, 24, 31, Nov. 7 & 14 5 nights 5:30-8:30 pm  
Course Fee: \$50.00 Instructor: Gloria Nelson  
Materials Fee: \$35.00 (paid directly to the instructor, for beginners if you do not have the necessary materials and tools.)



**NEW**

## Penny Rug Class - A Cardinal Christmas

Hannibal Hamlin Plaza, Hampden  
Cardinal and holly adorn a 17-inch square, black wool mat that can be used on your table all winter long. Your hand stitching will enhance the richness of this piece. Sharp scissors are required. Bring any pearl cotton threads or floss you may have or you may purchase them from the instructor. Limited to 8 people.

Thursdays, November 2 & 9 2 nights 6:30--9:00 pm  
Course Fee: \$20.00 Instructor: Toni Philbrick  
Materials Fee: \$28.00 per kit (paid directly to instructor)



**NEW**

## Introduction to Watercolor

Reeds Brook Middle School  
Welcome to the wonderful world of watercolor! If you are interested in learning about watercolor for the first time, or maybe want to refine your skills, this is the class for you! We will cover basic techniques such as color, value and texture. Each week we will learn something new, and you will have a fun assignment to apply what you have learned! Dive in and learn how to create beautiful artwork all your own!

Thursdays, Nov. 16, 30, Dec. 7, 14, & 21 (no class on Nov. 23)  
6:00-8:00 pm 5 nights Course Fee: \$45.00  
Instructor: Obrianna Cornelius, Fine Artist and Illustrator  
Please call 862-6422 for a list of required painting supplies for the first class.



## Christmas Kissing Ball Workshop

Reeds Brook Middle School, Hampden  
Find out about the history of kissing balls and come make one! Register with a friend or two for a fun evening. The more, the merrier! Please bring garden clippers, if you have some. In one evening, you will create and decorate a beautiful evergreen kissing ball to bring home or give as a gift. You have the fun and we'll clean up the mess!

Monday, November 27 1 night 5:30-8:30 pm  
Course Fee: \$10.00 Instructor: Mrs. Brooks  
Materials Fee: \$25.00 (paid directly to the instructor)



## Christmas Evergreen/Floral Centerpiece Workshop

Reeds Brook Middle School, Hampden  
Join us for this popular, one night fun class. You will design your own lovely evergreen/floral centerpiece for the holiday season to display in your home or give as a gift. You have the fun and we'll clean up the mess! A great seasonal class to take with a friend or two!

Space is limited, so please sign up early.  
Monday, December 4 1 night 5:30-8:30 pm  
Course Fee: \$10.00 Instructor: Mrs. Brooks  
Materials Fee: \$25.00 (paid directly to the instructor)



**Santa Claus Paint Night - Reeds Brook Middle School**

This new one night paint and sip style class is intended for people who want a fun and creative evening out. Come alone or invite friends, this is a perfect environment to flex your artistic muscles and have fun! This will be an acrylic painting of a cute Santa Claus face, perfect for your Christmas decorating! Feel free to bring along a coffee or tea, a snack will be provided!

Tuesday, December 5 1 night 6:00-8:00 pm

Instructor: Obrianna Cornelius

Course Fee: \$12.00 Materials Fee: \$15.00 (paid directly to instructor)



**Christmas Ornament Creativity Night - Reeds Brook**

Welcome to an exciting night of creativity and fun! We will be creating three different handmade ornaments for the tree. This new class is a great opportunity to make some heartfelt gifts right in time for the holiday season!

Tuesday, December 12 1 night 6:00-8:00 pm

Instructor: Obrianna Cornelius

Course Fee: \$12.00 Materials Fee: \$15.00 (paid to instructor)



**Decorative Christmas Sign - Reeds Brook Middle School**

Come enjoy a new class and a fun night out creating a lovely hand painted sign on wood. Made to look rustic, but you choose the font to fit your décor! There will be Christmas phrases to work from, but you are welcome to bring an idea of your own! Bring a coffee or tea and a snack will be provided!

Tuesday, December 19 6:00-8:00 pm

Instructor: Obrianna Cornelius

Course Fee: \$12.00 Materials Fee: \$15.00 (paid directly to instructor)



**Cooking & Baking**

**Francophone Food Culture of France**

**Crêpes and Galettes - Hampden Academy**

Join us for this new very informative and fun class beginning with an overview of the food culture of France and then a preparing and sampling of a dish emblematic of the region. Since many early colonists to North America came from western France, the plate selections will be crêpes and galettes. Participants will assist in the food preparation. The instructor is fluent in French and participants are invited to add the cultural ambiance of language to the course.

1 night

Tuesday, October 3

6:30-8:30 pm

Course Fee: \$9.00

Instructor: Raymond J. Pelletier

Materials Fee: \$12.00 per class (paid directly to the instructor)



**Healthy Crockpot Cooking - Hampden Academy**

Busy days, jam packed nights, hungry family...come learn some skills on preparing some easy crockpot meals that will answer that, "What's for dinner?" question!

We'll prep three different recipes that can go right into your freezer to be thrown into a crockpot when you're ready to use it.

Thursday, October 19 1 night 5:30-7:30 pm

Course Fee: \$10.00

Instructor: Kim Nason

Materials Fee: \$20.00 (paid directly to the instructor)



**Baking Delicious Scones - Hampden Academy**

Join us for a really delicious evening of "hands-on" baking and discover one of Europe's most treasured delights - the scone! We will prepare

two simple, "melt in your mouth" scone recipes. No previous baking experience is required. Please bring one or two large mixing bowls, if you have them. We'll clean up the mess, you have the fun!

Monday, October 23 1 night 6:00-8:30 pm

Course Fee: \$10.00 /household Instructor: Baker Brooks

Materials Fee: \$10.00/household (paid directly to the instructor)



**Mommy, Daddy and Me - Let's Make Pizza**

**Together Workshop - Hampden Academy**

Enjoy a really fun evening with your child and prepare an easy and delicious, simple family meal together. Statistics show that children are more likely to eat healthy meals they help prepare. Ages 5 and older with one or more adults. Grandparents are welcome too! No previous baking experience is required. You have the fun and we'll clean up the mess!

Monday, November 6 1 night 5:30-7:30 pm

Course Fee: \$10.00/household Instructor: Baker Brooks

Materials Fee: \$10.00/household (paid directly to the instructor)



**Francophone Food Culture of New England**

**Tourtière - Hampden Academy**

Please join us for this wonderful new class! The evening begins with a 45-minute overview of the francophone food culture of New England and then a 75-minute preparation and sampling of a dish emblematic of the region. The francophone Christmas tradition of serving tourtière (meat pie) is a must. Participants will assist in the food preparation of this holiday favorite! The instructor is fluent in French and participants are invited to add the cultural ambiance of language to the course.

Tuesday, December 5 6:30-8:30 pm

Course Fee: \$9.00

Materials Fee: \$12.00 per class (paid directly to the instructor)

Instructor: Raymond J. Pelletier



**Community Programs**

**Graphic Novels are for Everyone!**

Edythe Dyer Community Library, Hampden

Are you reluctant to having your children read graphic novels? William Dee Nichols, Literacy Professor at UMaine will bring a variety of graphic novels and answers you have about them. No fee. Wed., Oct. 4 6:30 pm



**All Things Garlic - Edythe Dyer Community Library**

Everything you need to know about planting and growing garlic with Molly and Everett, owners of Nettie Fox Farm in Newburgh. Tuesday, October 10 3:00 pm No fee



**Orono / Old Town-Based Classes to Check Out**

Call 866-4119 or visit us at: [www.riversideadulthoodpartnership.com](http://www.riversideadulthoodpartnership.com)

Introduction to Archery

Babysitting Certification Course

Fall Bike Tune Up

Tap Dancing

Interpreting Your Dreams

Adult Theater Workshop

Wilderness Safety Training

U.S. Citizenship Prep Course



**RSU 22 Adult Education Registration Form**

Date: \_\_\_\_\_

Course Title	Start Date	Course Fee	Method of Payment
Course 1 _____	_____	\$ _____	Cash / Check # _____
Course 2 _____	_____	\$ _____	Cash / Check # _____

Name \_\_\_\_\_

Address \_\_\_\_\_

Town \_\_\_\_\_

Telephone (Home/Cell/Work) \_\_\_\_\_

Email \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Adult Education Office Phone: 207-862-6422



Please make checks payable to: **RSU 22 Adult Education**

Mail completed registration form and course fee(s) to:



**RSU 22 Adult Education  
Hampden Academy  
89 Western Avenue  
Hampden, ME 04444**

To register online visit: <http://orono-hampden.maineadulted.org/>